

**San Dieguito Union High School District
2019 Benefits Form
Management / Supervisory / Confidential Employees**

All rates are monthly (processed on September – June payroll only).

| Medical Plan | | Dental Plan | |
|---------------------------------|------------|----------------------------------|---------------|
| United Healthcare HMO Network 1 | | Delta Dental PPO | |
| Employee Only | \$869.00 | Employee Only | District Paid |
| Employee + 1 | \$1,702.00 | Employee + 1 | \$64.00 |
| Employee + Family | \$2,389.00 | Employee + Family | \$98.00 |
| United Healthcare HMO Network 2 | | Delta Dental DMO | |
| Employee Only | \$1,170.00 | Employee Only | District Paid |
| Employee + 1 | \$2,297.00 | Employee + 1 | District Paid |
| Employee + Family | \$3,227.00 | Employee + Family | District Paid |
| United Healthcare HMO Network 3 | | Anthem Blue Cross Dental Net HMO | |
| Employee Only | \$1,340.00 | Employee Only | District Paid |
| Employee + 1 | \$2,629.00 | Employee + 1 | District Paid |
| Employee + Family | \$3,696.00 | Employee + Family | District Paid |
| United Healthcare PPO | | Vision Plan | |
| Employee Only | \$1,403.00 | | |
| Employee + 1 | \$2,735.00 | | |
| Cigna HMO | | MES | |
| Employee Only | \$760.00 | Employee Only | \$12.26 |
| Employee + 1 | \$1,574.00 | Employee + 1 | \$22.08 |
| Employee + Family | \$2,240.00 | Employee + Family | \$31.64 |
| Kaiser | | | |
| Employee Only | \$576.23 | | |
| Employee + 1 | \$1,152.46 | | |
| Employee + Family | \$1,630.73 | | |

***Employees receive \$316.24 medical credit**

** Medical credit subject to potential increase effective 01/01/19

I elect no medical coverage – proof of coverage submitted

I elect no dental coverage – proof of coverage submitted